

Hi, welcome to Viewpoint. Please try to say what you think: there are no right or wrong answers. Your views are important to us. Click the forward arrow to start.



My Story

My Story provides children and young people in care with a digital photo and word record of their family history and their journey through care. My Story app can be installed on any phone or tablet. Each personal My Story folder is stored securely online so it cannot be lost in any placement changes or even if a device is mislaid. Nothing is stored on the device.

My Story can be started by foster carers with babies and toddlers recording their achievements and key people in their lives, or by social workers who can use the My Story app to help young people understand their lives - what has happened to them and why – using photos of people, places, mementos and narrative. Eventually, the young person will have the app on their own phone or tablet to access and update their personal My Story.

Children develop a sense of who they are from birth. Having a sense of personal history and a positive identity is associated with high self-esteem and emotional wellbeing, but many young people report that they have limited information about their past. Their past may be lost, much of it even forgotten.

My Story is easy to use. Significant photos and narrative are uploaded. Present and past can be recorded. Particular moments from the past can be talked about when a child or young person is ready, and a personal My Story can be added to.

My Story is the latest addition to the collection of apps developed by Viewpoint to support children and young people. My Story can be used as a stand-alone app or together with other apps from the Viewpoint collection.



If you want to know more about the My Story app, please get in touch. Click [here](#) to send us an email and we will get back to you very soon.